



November 8, 2023

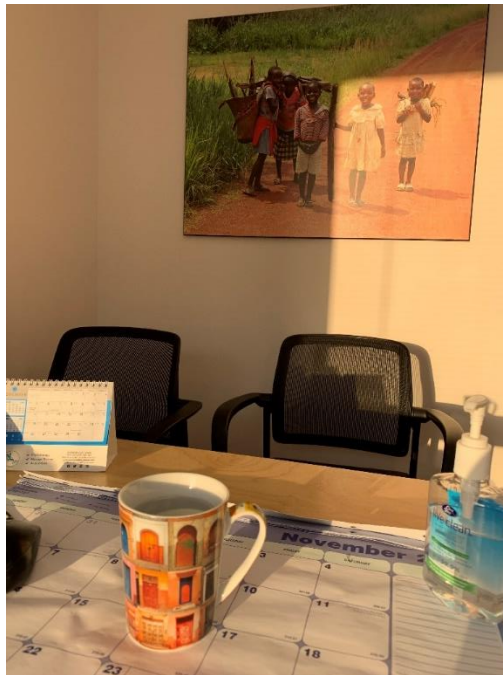
Dear friends of Missionary Health Institute (MHI),

A season has passed since our last communication, as our crisp fall air in Ontario has gradually taken over the warm rays of summer. Similarly, at MHI our “season” has changed in several ways. We are now sharing our physical “space” with our medical clinic, International Medical Services, at 220 Duncan Mill Road. From a run-down building at 4000 Leslie Street, to sitting perched gloriously on the 5<sup>th</sup> floor with sunshine pouring into our offices every morning, IMS is extremely blessed to be here. Thank you MHI for this great privilege to collaborate even more closely than before!

Our care for our missionaries is more seamless, as we no longer need to run back and forth between two physical locations. And our regular family practice patients, coming from all backgrounds, are experiencing the blessing of this new location as well. God is bringing “the nations” to our hallways and rooms, and the people walking into our space are experiencing the blessing of the legacy of MHI in a very real way. Thank you to our MHI board for helping to make this possible.

At the same time there are specific requests I need to lay before you.

- 1) MHI is planning a “think tank” of SOs (sending organizations) in early 2024, so please stay tuned for that. We need feedback as to our missionary reports, pre-field screening, and post-assignment medicals / debriefing. Continuity of care for our hundreds of international workers is our top priority, and we are dedicated to continuing this with excellence.
- 2) Pray for new personnel. IMS physicians are allotting a portion of their clinical time weekly to the care of our IWs; our nursing staff as well assumes untiring service. We are also seeking to liaise with physicians from across Canada, and even internationally, to join with us in our IW care.



- 3) Pray for direction for our psychology service, as our esteemed colleagues Dr. Duncan Westwood and Mrs. Olwyn Westwood will be retiring this month. Having worked part-time from 1993-1997, and then full-time since the year 2000, our IWs have reaped countless psychological and spiritual benefits from their dedicated work. We applaud and bless them both in this new stage of their journey.

Simultaneously the Lord is gathering a “cloud” of psychology-minded witnesses who are moving towards a new era in our psychological screening process, as well as a psychotherapy service which would benefit both the patrons of MHI and IMS.

- 4) Pray for the financial means to accomplish the above. Specifically, pledges from SOs as well as individual donors would allow us to assume even more pre- and post-field care, and a psychology service equal to no other. Specifically, we have office space in mind to transform into this service which would take up to \$200,000 annually to carry. For a time, such as this, what the Lord has begun He will complete, and I have utmost confidence that He truly will supply ALL of our needs “from his glorious riches, which

have been given to us in Christ Jesus” (Philippians 4:19).

My morning tea has turned into an evening ramble; thank-you so much for taking your time to dream with me, and I look forward to sharing “good news of great joy” with you again soon.

In Christ,

Karen Stel, MD  
President, Missionary Health Institute

P.S. Our website [missionaryhealth.ca](http://missionaryhealth.ca) (in process of being updated) outlines options for charitable donations; a tax receipt will be issued in the new year. Please contact our administrator Annie Yien at [mango@ihmcanada.org](mailto:mango@ihmcanada.org) if you have any questions or would like to partner with us in any way.